上下五千年 （中）： 5,000 Years Up and Down

Written by 鲁斯面, a Chinese historian, who details in a three-book series (一， 中，三), the early history and civilization of Chinese culture. Spanning through five millennia from ancient times to the present day, it delves into various aspects of Chinese religion, politics, and philosophy. This non-fiction book provides readers with a deep understanding of China’s rich heritage through its insightful analysis and thoroughness.